



We Have a
Great Story to Tell



Baylor Scott & White
INSTITUTE FOR REHABILITATION
FORT WORTH

Baylor Scott & White Institute for Rehabilitation is dedicated to helping patients find their way back from all types of injuries, illnesses, and acute and chronic conditions. We offer a network of inpatient rehabilitation facilities, outpatient clinics and home health services to help patients return to independent and productive lifestyles.

INPATIENT REHABILITATION IS AVAILABLE AT SIX CONVENIENT LOCATIONS:

- *Baylor Scott & White Institute for Rehabilitation – Fort Worth (freestanding facility)*
- *Baylor Scott & White Institute for Rehabilitation – Dallas (freestanding facility)*
- *Baylor Scott & White Institute for Rehabilitation – Frisco (freestanding facility)*
- *Baylor Scott & White Institute for Rehabilitation – Lakeway (freestanding facility)*
- *Baylor Scott & White Medical Center – Irving (in an 18-bed unit)*
- *Baylor Scott & White Medical Center – Grapevine (in a 14-bed unit)*

REAL PATIENTS. REAL STORIES.

“Surgery saved my life.
Rehab is restoring
my future.”

Read more about Audrey's story
at “Real Patients. Real Stories.”

BSWRehab.com





Baylor Scott & White Rehabilitation offers care for the most challenging and medically complex patients, including those with traumatic brain injury, traumatic spinal cord injury and patients requiring ventilation. Our flagship hospital located across from Baylor University Medical Center has been repeatedly recognized by *U.S. News & World Report* as one of the top 25 rehabilitation facilities in the nation.

Our inpatient rehabilitation facilities serve patients with a variety of diagnoses, including stroke, orthopedic conditions and injuries, neurological impairments, and spinal cord and brain injuries. We offer one of the most comprehensive continuums of care in the region, moving patients from one phase of care to another as they progress.

We effectively combine the convenience and comfort of community-based care with clinical expertise and national experience in physical medicine and rehabilitation to best serve our patients' needs.

A MULTIDISCIPLINARY APPROACH TO CARE

Each patient at Baylor Scott & White Rehab – Fort Worth is treated by a team of professionals that includes a physiatrist (physicians who specialize in physical medicine and rehabilitation), nurses, physical therapist, occupational therapist, speech-language pathologist, respiratory therapist, social worker, case manager, nutritionist, neuropsychologist and therapeutic recreation specialist.

In a supportive, patient-centered environment, we manage each patient's complex challenges, tailoring treatment to individual medical, physical, cognitive and emotional needs. At Baylor Scott & White Rehabilitation, we are committed to helping people restore the skills, confidence and independence needed to regain their quality of life.



WE PROVIDE:

- *A physician-led interdisciplinary model of care*
- *Specialized rehabilitation nursing*
- *Evidence-based physical, occupational and speech therapies*
- *Advanced technologies and equipment*
- *Patient and family education and training*
- *Case management services*

STROKE REHABILITATION

Studies show that participation in a specialized Stroke Rehabilitation Program helps patients maximize recovery. At Baylor Scott & White Rehabilitation, our team of physicians, nurses, therapists and other rehabilitation professionals offers the evidence-based stroke services that enable our patients to:

- *Restore function and mobility*
- *Improve speech and swallowing*
- *Optimize cognition*
- *Minimize visual deficits*
- *Maintain bowel and bladder function*
- *Manage spasticity*

BRAIN INJURY REHABILITATION

Baylor Scott & White Rehabilitation is designated as one of only 16 facilities throughout the nation to serve as a model system of care for the treatment of persons with traumatic brain injury. Our program targets a patient's physical and functional limitations, cognitive deficits, and any behavioral, emotional or interpersonal difficulties. In a safe and supportive environment, our brain injury specialists provide dedicated care, which includes:

- *Cognitive and behavioral rehabilitation*
- *Physical and occupational therapies*
- *Speech and swallowing therapies*
- *Spasticity management*
- *Visual skills retraining*
- *Community reintegration strategies*

SPINAL CORD INJURY REHABILITATION

Clinical expertise distinguishes the Spinal Cord Injury Program at Baylor Scott & White Rehabilitation. Through individualized care, innovative treatment and advanced technologies, we effectively address the complex physical and functional challenges that individuals face who have experienced a spinal cord injury. We provide:

- *Respiratory management*
- *Spasticity management*
- *Wheelchair and mobility training*
- *Electronic aids of daily living*
- *Strategies for bowel and bladder management*
- *Community reintegration and support services*

AMPUTATION REHABILITATION

Our amputation rehabilitation team helps individuals who have lost a limb regain function and mobility, as well as manage a range of psychological, emotional and social issues. We work closely and collaboratively with each patient to:

- *Apply proper wound care and limb management*
- *Improve strength, coordination and endurance*
- *Manage pain*
- *Evaluate lifestyle needs and options in prostheses*
- *Use and maintain a prosthesis with comfort and confidence*

NEUROLOGICAL REHABILITATION

For people with multiple sclerosis (MS), Parkinson's disease, amyotrophic lateral sclerosis (ALS), Guillain-Barré syndrome and other neurological conditions, we offer an integrated program of care that helps optimize:

- *Strength, coordination, balance and mobility*
- *Medication management*
- *Use of assistive devices*
- *Functional independence*

ORTHOPEDIC REHABILITATION

We provide advanced care to individuals with a wide range of orthopedic and musculoskeletal conditions, including hip fractures, joint replacement and multiple trauma injuries. Our multidisciplinary team helps patients to:

- *Regain strength and mobility*
- *Increase function*
- *Utilize adaptive techniques and equipment*
- *Resume daily activities as safely and independently as possible*



Our Mission

Founded as a Christian ministry of healing, Baylor Scott & White Health promotes the well-being of all individuals, families and communities.

CONTINUUM OF CARE

Some patients may benefit from additional services after discharge. The Baylor Scott & White Rehabilitation system offers Day Neuro programs for patients with brain injury or stroke, a Real Life Rehab home and community-based program for patients with spinal cord injury or stroke, and outpatient therapy at more than 85 clinics throughout North and Central Texas.

In addition, patients may participate in monthly spinal cord injury or stroke support groups, attend a quarterly brain injury camp for survivors, and participate in many community activities with members of our therapeutic recreation team.

WHAT TO BRING?

Patients admitted to inpatient rehabilitation should bring:

- *At least three changes of loose, comfortable clothing, not including sleepwear. Patients will dress every day for therapy. Laundry machines are available at some facilities. Please check with staff upon arrival.*
- *Athletic shoes or sturdy shoes with nonskid soles*
- *Personal items, such as toothbrush/toothpaste, eyeglasses, shampoo, razor, shaving cream*

WHAT IS EXPECTED DURING A REHAB STAY?

- *Patients must be able to tolerate three hours of therapy (physical therapy, occupational therapy and/or speech therapy and counseling) daily. This may be offered in both individual and group therapy sessions. This may include three hours of therapy on your first weekend, both Saturday and Sunday. Therapies can start as early as 7 a.m.*
- *Our patients are expected to be active participants in the rehabilitation process and follow the agreed upon treatment plan and clinical instructions. Skills learned in your therapy sessions, particularly those related to activities of daily living, should be applied and practiced on the nursing unit, in dining areas and other related settings as recommended by your physicians and therapists.*
- *Patients must be willing to work toward increased independence with self-care, including dressing, toileting and bathing.*
- *Families are encouraged to observe and participate in therapies. Visitation is not limited unless it interferes with patient progress.*



Refer A Patient With Just One Call

INPATIENT REHABILITATION IS AVAILABLE AT SIX CONVENIENT LOCATIONS*



 **BaylorScott&White**
INSTITUTE FOR REHABILITATION
DALLAS

909 N. Washington
Dallas, TX 75246
214.820.9300



 **BaylorScott&White**
INSTITUTE FOR REHABILITATION
FORT WORTH

6601 Harris Parkway
Fort Worth, TX 76132
817.433.9700



 **BaylorScott&White**
INSTITUTE FOR REHABILITATION
FRISCO

2990 Legacy Drive
Frisco, TX 75034
469.888.5100



 **BaylorScott&White**
INSTITUTE FOR REHABILITATION
LAKEWAY

2000 Medical Drive
Lakeway, TX 78734
512.263.4519



 **BaylorScott&White**
MEDICAL CENTER
GRAPEVINE

1650 W. College St.
Grapevine, TX 76051
817.388.3700



 **BaylorScott&White**
MEDICAL CENTER
IRVING

1901 N. MacArthur Blvd.
Irving, TX 75061
972.579.8510

**Some services and certified staff are not available at all locations.*

Changing **Rehabilitation.** For Life.®

For more information or to make a referral, please call **817.433.9700**
or visit us online at **BSWRehab.com**.



Physicians provide clinical services as members of the medical staff at Baylor Scott & White Institute for Rehabilitation and are neither employees nor agents of Baylor Scott & White Institute for Rehabilitation, Baylor Health Care System, Scott & White Healthcare, Baylor Scott & White Health, Select Medical Corporation or any of their subsidiaries or affiliates. Baylor Scott & White Institute for Rehabilitation is part of a comprehensive inpatient and outpatient rehabilitation network formed through a joint venture between Baylor Institute for Rehabilitation at Gaston Episcopal Hospital and Select Physical Therapy Texas Limited Partnership BIR JV, LLP. ©2018 Baylor Scott & White Health. BSWREHAB_25_2018_MOD_18030_2/18. MTP 350.

FOLLOW US ON:



Rehabilitation
Hospital