

The Road to Recovery

Ali Zein, OTRL, CBIS
4/27/2019

What is the Road to Recovery?

- The Road to Recovery is the Rehabilitation Institute of Michigan's (RIM) patient education notebook
- The notebook is used to provide patients and families educational materials, home exercise programs, medication management materials, etc
- The goal is by discharge all relevant information is present for reference by the patient and family once discharged from RIM.

Why the revision?

- Through meetings with our Patient, Family, Administration Committee (PFAC) it was determined that a change was needed
- PFAC consists of recently discharged patients and family members from RIM to advise us on improving our processes
- The committee felt that the materials provided were not useful and "Bland"
- Enter the Collaborative Steering Faculty (CSF) team

What did we change?

- Delivery of the patient education notebook
 - Present at bedside prior to patient arrival
- Removal of items
 - Diagnosis specific education
 - Home Safety Recommendations
 - Emergency Preparedness
- Added items
 - IPR expectations
 - Diets
 - Accomplishment Tracker

New processes

- Meet and greet with patients and families
- Educational topics reviewed in real time
- "What are your goals? What do you want to accomplish here at RIM?"

Meet and Greet



My Rehab Team

Our goal is to provide you with a complete rehabilitation program designed to meet your specific needs. Our Rehab Team will help you reach your highest level of functioning based on your individualized rehabilitation goals for recovery. You and your family are the most important members of the team when they include:

My Case Manager:
Your contact person. Length of stay varies and may change depending on your progress.

My Nurses:
The members of your RN and PT/OT staff for you on each shift will be written on the white board at your bedside. If you have a concern or question that your nurse has not explained, please contact the nurse manager on your unit.

My Physical Therapist:
Coordinates initiation of all rehab care for you.

My Occupational Therapist:
Helps you achieve your functional goals.

My Speech-Language Pathologist:
Helps you achieve your communication goals.

My Rehabilitation Therapist:
Helps you achieve your functional goals.

Other: _____

Remember to always wear to address your concerns. 7 days a week, 24 hours a day. If you have a concern or question, please contact the nursing office at 248-349-1234.

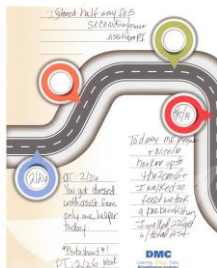
Educational Topics

- Brain Injury recovery
- Medication management
- Home Safety Recommendations
- Emergency Preparedness

Accomplishment Tracker

- Interdisciplinary team utilize this form to document all the accomplishments the patient makes throughout their stay at RIM
- No matter how big or small the accomplishment, it is documented by the patient (if possible)
- Prior to discharge, the form is taken out and reviewed with the patient to show them all the progress/accomplishments they made
- Per our PFAC committee members, this was a tool that would have been greatly appreciated a month or two after discharge so that they could reflect back on where to were and where they are now.

Accomplishment Tracker



What are the goals for this revision?

- Patients have the necessary materials that they will actually use
- Discharge patients home safely
- Improved self esteem of patients
- Improved Press Ganey survey scores

Questions



Rehabilitation Institute of Michigan