

# Morning Routines and Weekend Fun

2019 TBIMS Leadership Forum

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# Disclosure / COI Statement

I have the following relevant relationships in the products or services described, reviewed, evaluated or compared in this presentation.

- Employee of TIRR Memorial Hermann

# Course Objectives

1. Share current TBI Program offerings with leaders from other TBI Model Systems.
2. Facilitate discussion amongst leaders from TBI Model Systems in order to further develop and grow meaningful programs for the TBI population.

# AM ADL Program

WHY?



# AM ADL Program



*The art  
of the ADL*

Dressing  
Grooming  
Showering

Eating  
Laundry  
Bed making

# AM ADL Program

Criteria

Referral process

Scheduling and staffing

Outcomes

# ADL Discussions



ROUND  
TABLE

# Weekend fun





- Criteria
- Referral Process
- Scheduling and Staffing
- Outcomes

## *After Lunch Crunch*



# Weekend therapy discussions



ROUND  
TABLE

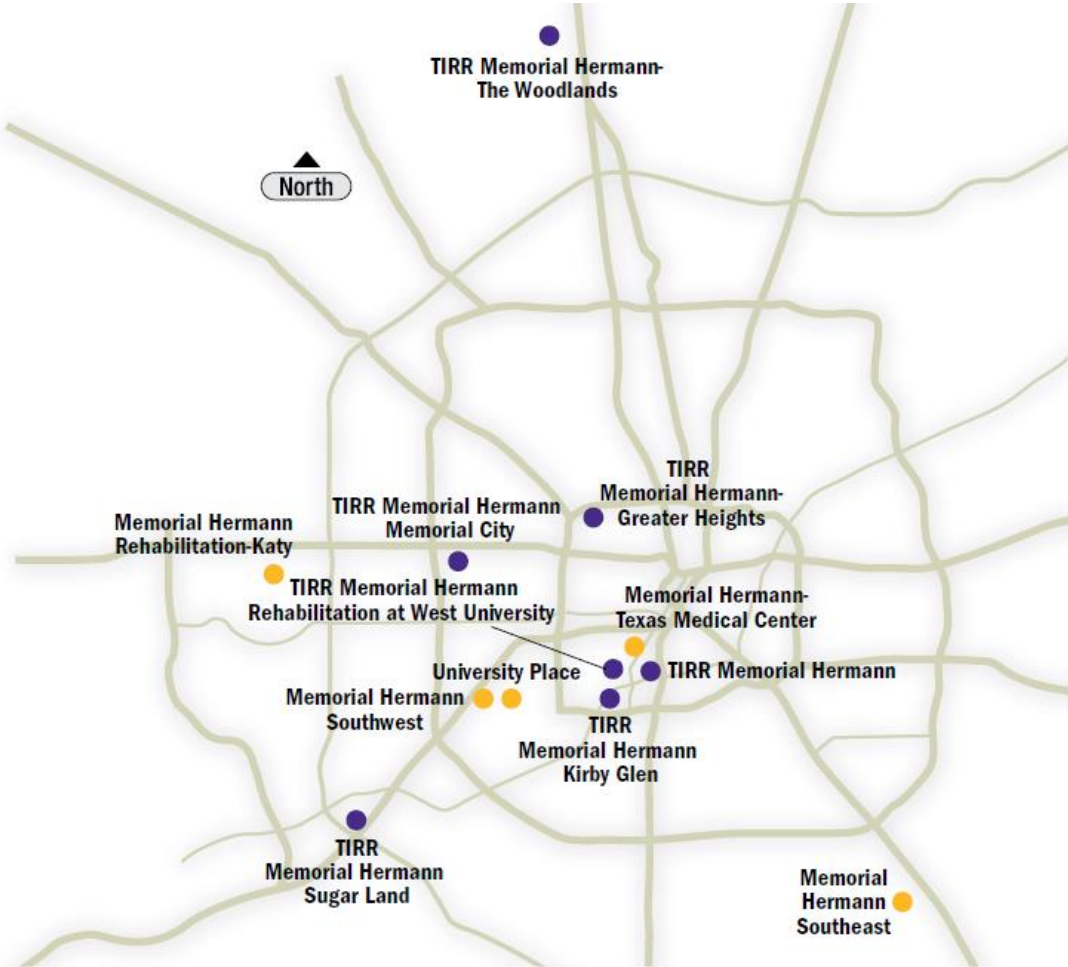
# Acknowledgements

- Jaclyn Allexan, OTR
- Christine Malone, COTA
- Lisa Santibanez, COTA
- Lauren Soirez, PT

# References

- Effectiveness of Occupation-Based Interventions to Improve Areas of Occupation and Social Participation After Stroke: An Evidence-Based Review <https://www.ncbi.nlm.gov/pmc/articles/PMC4281705>
- Group therapy use and its impact on the outcomes of inpatient rehabilitation following traumatic brain injury: Data from TBI-PBE project <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4517295/>

# TIRR Memorial Hermann and the Memorial Hermann Rehabilitation Network



- TIRR Memorial Hermann Entities
- Memorial Hermann Rehabilitation Network Entities





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